



**Personal Leadership Program
Public Class Intake – April 2026**

Date & Time	Module/Topic	Location
Monday 27 th April 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Information Session, Technology Check, etc.	Virtual – Zoom link to be provided
Tuesday April 28 th 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Module 1 Building Self-Awareness	Virtual – Zoom link to be provided
Tuesday May 19, 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Module 2 Happiness and Performance, Understanding Emotional Regulation	Virtual – Zoom link to be provided
Tuesday June 9, 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Module 3 The Coherence Advantage TM	Virtual – Zoom link to be provided
Tuesday June 30, 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Module 4 Creating Accountability and Personal Responsibility	Virtual – Zoom link to be provided
Tuesday July 21, 2026 8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Module 5 The Driving Forces of Behaviour	Virtual – Zoom link to be provided
Ongoing and booked separatel	Follow up Coaching sessions and one on ones	Virtual – Zoom link to be provided

