



Building Self-Awareness Program

Public Class Intake – October 2026

Date & Time	Module/Topic	Location
Tuesday, Oct 6, 2026 8:30 AM – 12:00 PM CDT 2:30 PM – 6:00 PM BST	Part One Building Self-Awareness	Virtual – Zoom link to be provided
Tuesday, Oct 20, 2026 8:30 AM – 12:00 PM CDT 2:30 PM – 6:00 PM BST	Part Two Driving Forces of Behaviour	Virtual – Zoom link to be provided
Coaching for Action Planning and Success	Part Three Please book these independently with your faculty	Virtual – Zoom link to be provided