

Creating Positive Energy



Ignite your positive energy, break free, and embrace a life filled with optimism, positivity, resilience, and generosity.

Discover the key to a fulfilled life. This transformational 2 half-day program provides practical tools and real-life strategies for creating a life full of gratitude, abundance and joy.

True well-being starts from within, shaping a brighter tomorrow. In this program, we explore neuroplasticity and heart/brain coherence, guiding you to reflect on the constant noise within their head (who is that anyway?) and helping you to understand what is yours, and what is someone else's. How to let go and be in the present moment.

Gain unique tools to create balance, resilience and a positive attitude even in difficult situations



Program Structure and Highlights

This virtual learning program includes:

2 half-day modules of learning with 1:1 coaching and experiential exercises

A copy of Spiritually Aligned Leadership

A thorough understanding of the Tree of Abundance and how to use the tools and techniques

Full access to LMS, reflection journals

Explore factors that predict success & how they align with the principles of Heart / Brain Coherence

Develop a deep understanding of self-awareness and its crucial role in effective personal well-being

Learn to regulate your emotions using simple tools and techniques creating more balance and ease

Understand the science behind creating coherence of heart, mind and the nervous system.

WHO BENEFITS?

Our approach ensures an unparalleled level of engagement and personalized interaction. This intimate setting allows for confidential discussions, the sharing of nuanced challenges, and the development of strong, lasting bonds among a network of influential peers.

We create a space for participants to truly be vulnerable, explore new paradigms, and emerge with a refreshed vision and actionable strategies for future impact.

A framework for Deep Transformation

READY TO CONSIDER SOMETHING DIFFERENT?

Life-changing programs that transform individuals, teams and organisations

Learn more at www.changeinnovator.com

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About Change Innovators

For over two decades, Change Innovators has been at the forefront of catalysing personal and professional transformation. Our pioneering programs are grounded in neuroscience, advanced psychometric data, and performance psychology and are proven to empower individuals, teams, organisations with life-changing experiences.

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Our approach doesn't just inform; it transforms. We excel by bridging the gap between cognitive understanding and practical, on-the-job application, a metric where we consistently outperform others.

Key Strength Performance Metrics

99.2%

INSTRUCTOR EXPERTISE

Average scores of 4.96/5 across our global feedback demonstrates core subject matter mastery

100%

PSYCHOLOGICAL SAFETY

Perfect consensus scores amongst participants feeling completely secure to share perspectives.

95.6%

STRUCTURE AND FLOW

4.78/5 for modular organisation, operational discipline and agility to adapt to group dynamics and needs.

94.4%

DISCUSSION EFFICACY

4.72/5 scores for the immediate, actionable and impactful nature of the peer-to-peer discussions.

98%

PARTICIPANT
RECOMMENDATION RATE

11:1

ESTIMATED VALUE TO
INVESTMENT RATIO

24/7

SUSTAINABLE LEADERSHIP
HABIT ADOPTION

METRIC CATEGORY	GLOBAL LEADERSHIP BENCHMARK	CHANGE INNOVATORS PERFORMANCE	OUR ADVANTAGE
Net Promoter Score NPS	42% (Training and education)	84%	100% higher
Application of Learning	68% of participants	94%	26% more impact
Facilitator Excellence	82%	98%	Industry Leading
Return on Investment (ROI)	52%	89%	37% more value

Note: This data-driven infographic and report evaluated 500 of our most recent (2026) verified participant feedback records from Change Innovators against independently verified global corporate training benchmarks. Designed specifically for prospective buyers, it outlines our quantitative advantages in leadership efficacy, psychological safety, and operational excellence. These figures put us in the top 1% of global providers for quality, impact and value.

Our graduates consistently say that our programs are “Life changing”
That’s why we made our strapline “Life Changing Leadership”