

Personal Leadership Program



Empower yourself to navigate complexity with grace and ease. A deep understanding of who I am and how I show up in the world is the building blocks to personal Leadership.

This program is for anyone who wants to take a deep dive into personal leadership, self-responsibility and overall well-being grounded in profound self-awareness.



Program Structure and Highlights

On-site and virtual program includes:

5 half-day modules of cohort learning

2 Psychometric Personality Assessments

3 One-on-one personal coaching sessions

Deep dive into the sciences of well-being and heart/brain coherence

Full access to the Accountability Model with its tools and techniques

Explore factors that predict success & how happiness and well-being can lead to success.

Develop a deep understanding of self-awareness and its crucial role in personal leadership

Learn to regulate your emotions using simple tools and techniques creating more balance and ease

Understand the science behind creating coherence of heart, mind and the nervous system.

Navigate the complexities of our new world

WHO BENEFITS?

Our approach ensures an unparalleled level of engagement and personalized interaction. This intimate setting allows for confidential discussions, the sharing of nuanced challenges, and the development of strong, lasting bonds among a network of influential peers.

We create a space for participants to truly be vulnerable, explore new paradigms, and emerge with a refreshed vision and actionable strategies for future impact.

A framework for Deep Transformation

READY TO CONSIDER SOMETHING DIFFERENT?

Life-changing programs that transform individuals, teams and organisations

Learn more at www.changeinnovator.com

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About Change Innovators

For over two decades, Change Innovators has been at the forefront of catalysing personal and professional transformation. Our pioneering programs are grounded in neuroscience, advanced psychometric data, and performance psychology and are proven to empower individuals, teams, organisations with life-changing experiences.

Personal Leadership Program



Our approach doesn't just inform; it transforms. We excel by bridging the gap between cognitive understanding and practical, on-the-job application, a metric where we consistently outperform others.

Key Strength Performance Metrics

99.2%

INSTRUCTOR EXPERTISE

Average scores of 4.96/5 across our global feedback demonstrates core subject matter mastery

100%

PSYCHOLOGICAL SAFETY

Perfect consensus scores amongst participants feeling completely secure to share perspectives.

95.6%

STRUCTURE AND FLOW

4.78/5 for modular organisation, operational discipline and agility to adapt to group dynamics and needs.

94.4%

DISCUSSION EFFICACY

4.72/5 scores for the immediate, actionable and impactful nature of the peer-to-peer discussions.

98%

PARTICIPANT RECOMMENDATION RATE

11:1

ESTIMATED VALUE TO INVESTMENT RATIO

24/7

SUSTAINABLE LEADERSHIP HABIT ADOPTION

METRIC CATEGORY	GLOBAL LEADERSHIP BENCHMARK	CHANGE INNOVATORS PERFORMANCE	OUR ADVANTAGE
Net Promoter Score NPS	42% (Training and education)	84%	100% higher
Application of Learning	68% of participants	94%	26% more impact
Facilitator Excellence	82%	98%	Industry Leading
Return on Investment (ROI)	52%	89%	37% more value

Note: This data-driven infographic and report evaluated 500 of our most recent (2026) verified participant feedback records from Change Innovators against independently verified global corporate training benchmarks. Designed specifically for prospective buyers, it outlines our quantitative advantages in leadership efficacy, psychological safety, and operational excellence. These figures put us in the top 1% of global providers for quality, impact and value.

Our graduates consistently say that our programs are “Life changing”
That’s why we made our strapline “Life Changing Leadership”