Creating Positive Energy™

Next Public Open Program – November 2026

Region-Date & Time	Module/Topic	Location
North America Monday, Nov 9, 2026 8:30 AM – 12:00 PM MBT** Tuesday, Nov 10, 2026 8:30 AM – 12:00 PM MBT**	**Part One Module 1**: Building the Foundation to Well-Being **Part Two Module 2**: Understanding the Tree – Working with the Tools	Virtual – Zoom link to be provided and access to the LMS once registration has occurred.
UK/EMEA Monday, Nov 9, 2026 1:30 pm – 5:00 PM GMT Tuesday, Nov 10, 2026 1:30 pm – 5:00 PM GMT	**Part One Module 1**: Building the Foundation to Well-Being **Part Two Module 2**: Understanding the Tree – Working with the Tools	Virtual – Zoom link to be provided and access to the LMS once registration has occurred.
APAC Monday, Nov 9, 2026 8:30 AM – 12:00 PM MBT** Tuesday, Nov 10, 2026 8:30 AM – 12:00 PM MBT**	**Part One Module 1**: Building the Foundation to Well-Being **Part Two Module 2**: Understanding the Tree – Working with the Tools	Virtual – Zoom link to be provided and access to the LMS once registration has occurred.

**Note: Manitoba's new official year-round time zone is MBT (UTC-5) as of November 1, 2026.

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