



**Ignite your positive energy, break free, and embrace a life filled with optimism, positivity, resilience, gratitude, and generosity.**

Discover the key to a fulfilled life at our upcoming virtual workshop on Creating Positive Energy. Our transformative 2-day experience will empower you to live your best life and cultivate happiness and well-being.

True leadership starts from within, shaping a brighter tomorrow. In this program, we explore neuroplasticity and heart/brain coherence, guiding participants to reflect on the constant noise within their minds and helping them gain unique tools to create balanced, resilient, and positive individuals that others are drawn to.

Creating Positive Energy is facilitated by our accredited coaches and trainers.

**This virtual learning program includes:**

- One-on-one coaching
- Interactive online resources
- A complimentary copy of "Spiritually Aligned Leadership, Becoming Self-Centred"
- Global peer-to-peer access to participants across various sectors

↗ **Two days to transform your life:**

**Part I: Happiness and the Brain Science of Well-Being, including a personal evaluation and reflection.**

**Part II: Tools and techniques for increasing your happiness, connection to self and overall well-being.**

**WHAT PARTICIPANTS SAY:**

**"This program challenges your views on personal leadership, parenting, and overall well-being"**

**"A real eye-opener. Thought-provoking"**

**"This course should be mandatory. It will change my life"**

**WHO BENEFITS:**

**Organisations seeking effective wellness initiatives**

**Teams aiming to enhance resiliency**

**Individuals pursuing happiness and balance at home or work**

**READY TO IGNITE POSITIVE CHANGE?**

**Find the next workshop dates and register your attendance now!**

Join us to explore the science of well-being, learn tools for happiness, and connect with a global network of change-makers through a life-changing experience understating. Transformation starts with more meaningful human connections.

**About Change Innovators**

For over two decades, Change Innovators has been at the forefront of catalysing personal and professional transformation. Our pioneering programs are grounded in neuroscience, data, and performance psychology and are proven to empower individuals, teams, and organisations with life-changing experiences.

**READY TO LEAD WITH CHANGE?**

**Learn more at [www.changeinnovators.com](http://www.changeinnovators.com)**