



## ***Building Self-Awareness***

### ***Public Class Intake – May 2026***

<b>Date &amp; Time</b>	<b>Module/Topic</b>	<b>Location</b>
Thursday May 7, 2026  8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Part One  <b>Building Self-Awareness</b>	Virtual – Zoom link to be provided
Thursday May 21, 2026  8:30 am to 12 noon CST 2:30 pm to 6:00 pm GMT	Part Two  <b>Driving Forces of Behaviour</b>	Virtual – Zoom link to be provided
Coaching for Action Planning and Success	Part Three  <b>Please book these independently with your faculty</b>	Virtual – Zoom link to be provided