



**Embark on a Personal Leadership Journey designed for all contributors. A clear focus on well-being, self-awareness and personal accountability.**

Our 5 modular program helps individuals to reflect, explore and evolve as an individual, fostering a compassionate, accountable focus on well-being, self responsibility and performance.

This program is at the crossroads of science and personal evolution for transformative results. At the centre of this program lies a distinctive accountability model, equipping individual contributors with practical tools and daily strategies to foster high performance while remaining grounded in a state of balance and coherence. Our core belief is that every person has a fundamental responsibility for personal accountability and discernment.

Our Personal Leadership Program has been used by clients across North America for over 8 years and directly supports front-line contributors.

**This virtual learning program includes:**

- 5 half-day modules of learning with 3 x 1:1 coaching sessions and experiential exercises
- Psychometric personality assessment
- Levels of Consciousness & Accountability Model
- Interactive online resources, full access to LMS, and our unique reflection journals

**Program highlights:**

Explore factors that predict success & how they align with the principles of **Personal Leadership**

Develop a deep understanding of self-awareness and its crucial role in effectiveness

Uncover the keys to well-being and positive psychology.

Understand your personal driving forces and how these impact your relationships and overall well-being.

**WHAT PARTICIPANTS SAY:**

"Everyone should take this course to make them a more productive, and happy person."

"I learnt the skill of being calm and patient in hard times, dealing with others by listening and understanding their perspective"

"The lessons I've learned have helped me not just at work but in my personal life as well"

**WHO BENEFITS:**

Organisations creating a compassionate culture valuing well-being

Teams fostering a positive, dynamic work environment

Individuals pursuing personal growth and improving leadership skills

**READY TO DISCOVER A MORE HAPPY AND BALANCED PERSON WITHIN?**

**Enrol and transform your life journey today**

Be the change you want to see in your organisation, redefining your approach to success with our Personal Leadership Program Transformation starts with more meaningful human connections.

**About Change Innovators**

For over two decades, Change Innovators has been at the forefront of catalysing personal and professional transformation. Our pioneering programs are grounded in neuroscience, data, and performance psychology and are proven to empower individuals, teams, and organisations with life-changing experiences.

**READY TO LEAD WITH CHANGE?**

**Learn more at [www.changeinnovators.com](http://www.changeinnovators.com)**